



Brainpower Smart Study: How to Study Effectively Using a Tested and Proven 8-Step Method

By Nina Sunday

Paperback. Book Condition: New. Paperback. 74 pages. DO YOU Find study boring Get drowsy while studying Find it hard to focus and pay attention If you said yes, this book shows you how to learn so you remember more for longer. Based on the science of how your brain works, the 8-step method described in Brainpower Smart Study is easy and effective. For the first time, you'll have a fail-safe way to encode information into your memory. Most students simply read and make notes. Apart from a quick review of these notes, they just hope for the best. Only at the moment of truth the examination do they realise what they don't know. This ebook, Brainpower Smart Study, shows you a step by step method how to learn so you remember more for longer. Based on the science of how your brain works, the Brainpower Smart Study method is easy and effective. Imagine finding out what you don't know at the time of learning, rather than during the exam. Once you know what you don't know, you can assign time to master it. This brings major improvement to your study efficiency and outcomes. This ebook details an 8-step study method...



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