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STRESS: HOW TO STOP WORRYING AND START LIVING A PEACEFUL LIFE IN THE PRESENT MOMENT (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.#STRESS: How To Stop Worrying And Start Living A Peaceful Life In The Present Moment Do you feel trapped? Do you live in continual fear? Do you feel overwhelmed? Is worry and anxiety controlling your life? Are you struggling, feeling helpless and hopeless? Do you want to stop worrying, stress less, and live a life of happiness? You...

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- Authored by Chris Adkins
- Released at 2015



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