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Reviews

Just no phrases to describe. It typically does not price an excessive amount of. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Felton Hessel)

12



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Joshua a Robbins. Paperback. Book Condition: New. Paperback. 69 pages. One of the first rules of Alcoholics Anonymous is to protect your anonymity. Should we even be talking about 12 Joshua Robbinss explosive first memoir comes to us from the point of view of a struggling alcoholic whose suicidal behavior has lead him to treatment three times in one year. Struggling with addiction, alcoholism, materialism, Joshua finds temporary solace in a 12-step support group that is slowly driving him crazy because the only focus on the fear of alcohol and addiction. Here enters Ghandi. With the same feelings towards these support groups and illness, Ghandi forces Joshua to look past the idea that recovery is not about drinking or using but becoming conscious one day at a time. The only problem is finding a sponsor and buying into a program that believes this. And then we meet Grey Hair, the Robbinss pillar of wisdom and truth. Enter True Recovery. From blowing up Robbinss perception to destroying every recovery myth, Robbins forms an alliance with Grey Hair to discover his true nature as a human-being surviving in the wilderness we call modern day America. Spinning into consciousness, Robbins walks though the steps (each chapter represents a step), chapter by chapter, to find the true meaning of abstinence and recovery. Robbinss work here offends, comically excites, and provides thought-provoking scenarios to readers. And if thats not good enough, the jaw-dropping realization Robbins has about who he is at the conclusion of 12 should be enough. And if that doesnt leave you wanting more, then theres nothing to be done with you. In the words of the author, I drank myself into oblivion, blowing a . 512. Ive placed a pistol to my head and couldnt pull the trigger. Ive tried jobs, education,...



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