



Christian Weight Loss: Bible Believers Study in the Word (Paperback)

By Ben Sley

Createspace, United States, 2011. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.If you have struggled on your weight loss journey, this certainly won't be your first diet book, but it may very well be your last! Discover how you, too, can lose a significant amount of weight using the Scripture method that Ben Sley used to safely lose 50 lbs in 6 months. Ben taught a Bible lesson on the Book of Joshua in which both Joshua and Moses were posthumously referred to as a Servant of the Lord. Ben thought this was a fitting epitaph and felt challenged to have the same thing said of him, and, thus, began his weight loss journey. Can you imagine yourself being fit and trim at your desired weight, once and for all? Do you feel a sense of urgency in finally losing weight and keeping it off for good? If not now, when? Do you want to lose weight Without taking any pills or supplements? Without having to attend weekly meetings? Without the need for special diet foods? Without having to count calories? Without having to write down everything you...



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Reviews

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